



User guide for Basic Workplace Safety and Health (WSH) Training for Healthcare Sector



WSH for Healthcare



eLearning - Windows Internet Explorer

https://www.wshc.sg/.../p/s/04_SPCPykzyy/PLMnMtoVMAFGzOIB_EIMdyDDzidPUIMDRyNMA08QyNDYpNTJAK3nErcA4zH6_AQ7gsEEB7H-FD4YBieAFcCicoA3NNeG01EBA01DORM/WS/45/L2i

Primary Schools in Houga... Microsoft Web Slice Gallery

eLearning

Page Safety Tools

SAFETY FIRST!

with KEN and FRIENDS


This e-learning module provides students with basic knowledge on how to spot safety and health hazards, how to prevent them and make your own decisions to keep yourself safe and healthy. So start cultivating a safe and healthy mindset and make these your habits in school or at home.

The module currently cover four topics. They include:

- Traffic safety
- Slips, trips and falls
- Safety at play
- Safety at home

Click [here](#) to start your journey with Ken and Friends! Refer to the user guide for assistance.

Basic WSH for healthcare workers




Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

Healthcare workers work long hours and face challenges in coping in a fast-paced working environment to provide high service standards to patients. Hence, it is important that healthcare workers are aware of the safety and health hazards they may face at the workplace.

This e-learning module aims to provide healthcare workers with a basic understanding of WSH issues. Learn about the WSH Act and its regulations, common work hazards found in the healthcare industry and the control measures to mitigate them.

Click [here](#) to build up your knowledge in safety and health. Refer to the user guide for assistance.

Musculoskeletal Disorders Awareness



Online Musculoskeletal Disorders Awareness Course

Musculoskeletal disorders (MSDs) are muscle and nerve disorders that can cause discomfort or persistent pains in our joints and muscles. Work activities such as manual lifting, carrying, pushing or pulling of heavy loads, over-exertion, awkward postures and repetitive actions or motions can lead to the development of MSDs and affect one's well-being and productivity.

This e-learning module is useful for employees with little to no knowledge of ergonomics and MSDs. Gain basic awareness of musculoskeletal disorders, risk factors, prevention and control of such risks.

Click [here](#) to learn more about good ergonomics practices. Refer to the user guide for assistance.

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Internet | Protected Mode: On 100%

9:35 PM 7/5/2015

Login to e-Learning



A screenshot of a Windows Internet Explorer browser displaying the WSH Council website. The browser's address bar shows the URL: https://www.wshc.sg/... The website header includes the WSH Council logo, navigation links (About WSH Council, Contact Us, Glossary, Feedback, Sitemap, Bouquets, Join Us, Useful Links, FAQ), a search bar, and a "Select the website" dropdown. A green navigation bar contains links for Home, Singapore WSH, Industries, Topics, Programmes, Training, Gallery, Resources, e-Tools, and e-Learning. The main content area shows the "e-Learning Login" form with fields for "Email" and "Password", a "Forgot Password?" link, and an "Enter" button. A red arrow points from the "Forgot Password?" link to a text box on the right. The browser's taskbar at the bottom shows various application icons and the system clock indicating 9:25 AM on 17/3/2015.

If you are WSH bulletin subscriber, enter your email address and password.

If you forgot your password, click [Forgot Password?](#)

If you do not have an account, register here

Click on name of course



e-Learning - Course Catalog - Windows Internet Explorer

https://www.wshc.sg/ems/catalog/

WSHCOUNCIL

HOME ONLINE COURSES MY ACCOUNT

Course Catalog Logged in as: Ee Hwee / Logout

CATALOGS (7) COURSES (0)

Catalog: Basic Workplace Safety and Health (WSH) Training for Healthcare Sector
The Healthcare Basic Workplace Safety and Health (WSH) Course aims to equip healthcare employees with basic WSH knowledge.

Catalog: Musculoskeletal Disorders Awareness Course
Musculoskeletal disorders (MSDs) are disorders or illnesses of the hand, arm, neck, shoulder and back. They can cause discomfort, fatigue, pain, injury, and illness to workers and are one of the most common problems resulting in days away from work. They are a potential risk for all sectors and occupations and are commonly associated with manual lifting, carrying, pushing or pulling of heavy loads, over-exertion, awkward postures and repetitive actions or motions.

Catalog: Safety First with Ken and Friends
Safety First with Ken and Friends is an online e-learning module targeted at students in the upper primary and lower secondary to learn more about safety not just in school, but also at home and at play. Through animation and interactive graphics, Ken and his friends will guide students to learn how to stay safe by making the right decisions, as well as pick up useful tips on how to prevent injuries and manage risks.

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System Test

Workplace Safety and Health Council
contact@wshc.gov.sg

Internet | Protected Mode: On 100%

5:25 PM 23/4/2015

Click Enrol for the course



e-Learning - Course Catalog - Windows Internet Explorer

https://www.wshc.sg/catalog/course.asp?idv28&cidv11

Primary Schools in Houga... Microsoft Web Slice Gallery


e-Learning - Course Catalog

WSHCOUNCIL


HOME ONLINE COURSES MY ACCOUNT

Course Catalog > Basic Workplace Safety and Health (WSH) Training for Healthcare Sector > Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

Logged in as: Ee Hwee / Logout

 Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

[Back to parent catalog](#)

 Enrol

Description

Healthcare employees, such as yourself, provide round the clock care to the patients. As a healthcare practitioner, you need to be aware of common safety and health risks at your workplace to protect yourself and others from injuries and illnesses. A safe and healthy workplace enables you to work effectively to ensure patients' safety and provide good service quality.

The Healthcare Basic Workplace Safety and Health (WSH) Course aims to equip healthcare employees with basic WSH knowledge. The course is divided into the following 3 sections comprising 9 bite-sized modules:

- Section 1: Know Your WSH Responsibilities
- Section 2: Identify Hazards and Their Control Measures
- Section 3: Safety Signs

At the end of each module, you will be given 5 multiple choice questions to test your understanding.

Target Audience
This course is useful for healthcare employees across various job categories, including medical, nursing, allied and ancillary.

Done

Internet | Protected Mode: On

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23/4/2015

Click on My Account



e-Learning - Course Catalog - Windows Internet Explorer

https://www.wshc.sg/catalog/course.asp?idv28&cidv11

WSHCOUNCIL

HOME ONLINE COURSES MY ACCOUNT


Course Catalog > Basic Workplace Safety and Health (WSH) Training for Healthcare Sector > Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

Logged in as: Ee Hwe . / Logout

Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

Back to parent catalog

Enrolled.

 **Enrollment Successful**
Go to [My Account](#) to launch the course.

Description

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Done

Internet | Protected Mode: On

5:28 PM 23/4/2015

Click on View icon



e-Learning - My Account - Windows Internet Explorer

https://www.wshc.sg/lms/myaccount/

WSHCOUNCIL

HOME ONLINE COURSES MY ACCOUNT

My Account Logged in as: Ee Hwee . / Logout

My Account

MY CERTIFICATES

Certificate	Award Date	Print
Certificate of Completion	Feb 25, 2015	Print

MENU

[My Profile](#) [My Transcript](#)

LEARNING ACTIVITIES

ENROLLED (3) OVERDUE (0) COMPLETED (2) EXPIRED (0)

Course	Due Date	Expires	Details	View
Basic Workplace Safety and Health (WSH) Training for Healthcare Sector	-	-	Details	View
MSD e-Learning	-	-	Details	View
Safety First with Ken and Friends	-	-	Details	View

Done Internet | Protected Mode On 100% 5:29 PM 23/4/2015

Click on Action icon



e-Learning - Basic Workplace Safety and Health (WSH) Training for Healthcare Sector - Windows Internet Explorer

https://www.wshc.org/lms/myaccount/enrollments/view.asp?id=233

WSHCOUNCIL

HOME ONLINE COURSES MY ACCOUNT

My Account - Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

Logged in as: Ee Hwe / Logout

Basic Workplace Safety and Health (WSH) Training for Healthcare Sector

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Lesson	Type	Status	Score	Action
1. Basic Workplace Safety and Health (WSH) Training for Healthcare Sector		Not Attempted	-	

Internet | Protected Mode: On

100%

EN 3:35 PM 23/4/2015

Maximise browser window



A screenshot of a Windows Internet Explorer browser window. The address bar shows the URL "http://www.wshc.sg/launch/lesson.asp". The main content area displays a slide titled "Basic Workplace Safety and Health (WSH) Training for Healthcare Sector". The slide features a background image of a healthcare professional with a stethoscope and a student. The text on the slide reads "Basic Workplace Safety and Health (WSH) Training for Healthcare Sector". A navigation menu on the left lists slides from 1 to 26, with "Slide 1" selected. The browser's taskbar at the bottom shows the system tray with the time "5:35 PM" and date "23/4/2015". A red arrow points to the maximize button in the browser's title bar.



End

